——— SMP PRE CARE INSTRUCTIONS -

Please follow the pre-care instructions to prepare your scalp for optimal results.

HAIR PREPARATION

One week before your initial appointment, moisturize your scalp 3 to 4 times a day in the areas that will be pigmented. This will ensure your scalp is in the best possible condition and hydrated which will allow the pigment to be properly absorbed. If your skin is oily then do not moisturize. Too much oil in the skin is just as bad as the skin being too dry.

One week before, change to a gentle, non-abrasive shampoo.

Shave your head with a razor blade 2 or 3 days before your procedure or allow Creative Scalp Ink to use clippers (we will use a #0 guard) on the day of your procedure.

<u>Do Not</u> use a razor on your scalp within 24 hours of the scheduled procedure. It is crucial that we have a clear view of your natural hair to ensure a seamless blending of the hair follicles.

Do Not take Fish Oil or Aspirin 1 week before unless prescribed by a doctor.

Do Not tan. Avoid direct sunlight to avoid burning and peeling of the skin.

Do Not consume alcohol, caffeine or drugs 48 hours before your procedure.

Do Not wear any hair pieces the week before.

